Disclosure Form Part One

SISC-SELF INSURED SCHOOLS OF CALIFORNIA

Home Region: California 10/1/22 through 9/30/23

Principal benefits for Kaiser Permanente Traditional HMO Plan

Self-Only Coverage

Accumulation Period

The Accumulation Period for this plan is January 1 through December 31.

Out-of-Pocket Maximums and Deductibles

Amounts Per Accumulation Period

For Services that apply to the Plan Out-of-Pocket Maximum, you will not pay any more Cost Share for the rest of the Accumulation Period once you have reached the amounts listed below.

Family Coverage

Each Member in a Family of | Entire Family of two or more

Family Coverage

Amounts Fer Accumulation Feriou	(a Family of one Member)	l .	or more Members	Members
Plan Out-of-Pocket Maximum	\$1,500	LVVO	\$1,500	\$3,000
Plan Deductible	None		None	None
Drug Deductible	None		None	None
Professional Services (Plan Provider office visits)			You Pay	
Most Primary Care Visits and most Non-Physician Specialist Visits				
Most Physician Specialist Visits				
Routine physical maintenance exams, including well-woman exams				
Well-child preventive exams (through age 23 months)				
Family planning counseling and consultations				
Scheduled prenatal care exams				
Routine eye exams with a Plan Optometrist		No charge		
Urgent care consultations, evaluations, and treatment				
Most physical, occupational, and speech therapy				
Outpatient Services Outpatient surgery and certain other outpatient procedures			You Pay \$30 per procedure	
Allergy antigens (including administration)				
Most immunizations (including the vaccine				
	Most X-rays and laboratory tests			
Hospitalization Services		You Pay		
Room and board, surgery, anesthesia, X-rays, laboratory tests, and drugs				
			You Pay	
Emergency Department visits			\$100 per visit	
Note: If you are admitted directly to the hos	spital as an inpatient for covered	Services	, you will pay the inpa	tient Cost Share instead of
the Emergency Department Cost Share (s	see "Hospitalization Services" fo	r inpatien	t Cost Share)	
Ambulance Services			You Pay	
Ambulance Services		\$50 per trip		
Prescription Drug Coverage		You Pay		
Covered outpatient items in accord with ou				
Most generic items (Tier 1) at a Plan Pharmacy or through our mail-order service Most brand-name items (Tier 2) at a Plan Pharmacy or through our mail-order			\$10 for up to a 100-day supply	
Service			\$30 for up to a 100-day supply	
Most specialty items (Tier 4) at a Plan Pharmacy				
Durable Medical Equipment (DME)		You Pay		
DME items as described in the EOC		No charge		
Mental Health Services			J	
Mental Health Services			You Pay	
Inpatient psychiatric hospitalization			You Pay No charge	
Inpatient psychiatric hospitalizationIndividual outpatient mental health evaluat	ion and treatment		You Pay No charge \$30 per visit	
Inpatient psychiatric hospitalization	ion and treatment		You Pay No charge \$30 per visit	
Inpatient psychiatric hospitalizationIndividual outpatient mental health evaluat Group outpatient mental health treatment. Substance Use Disorder Treatment	ion and treatment		You Pay No charge \$30 per visit \$15 per visit You Pay	
Inpatient psychiatric hospitalization Individual outpatient mental health evaluat Group outpatient mental health treatment Substance Use Disorder Treatment Inpatient detoxification	ion and treatment		You Pay No charge \$30 per visit \$15 per visit You Pay No charge	
Inpatient psychiatric hospitalization	ion and treatmenter		You Pay No charge \$30 per visit \$15 per visit You Pay No charge \$30 per visit	
Inpatient psychiatric hospitalization Individual outpatient mental health evaluat Group outpatient mental health treatment Substance Use Disorder Treatment Inpatient detoxification	ion and treatmenter		You Pay No charge \$30 per visit \$15 per visit You Pay No charge \$30 per visit	
Inpatient psychiatric hospitalization	er evaluation and treatment		You Pay No charge \$30 per visit \$15 per visit You Pay No charge \$30 per visit \$5 per visit You Pay	

Disclosure Form Part One	(continued)
Other	You Pay
Hearing aids every 36 months	Amount in excess of \$500 Allowance per aid
Skilled nursing facility care (up to 100 days per benefit period)	No charge
Prosthetic and orthotic devices as described in the EOC	No charge
Services to diagnose or treat infertility and artificial insemination (such as	the Cost Share you would pay if the Services were
outpatient procedures or laboratory tests) as described in the EOC	
Assisted reproductive technology ("ART") Services	
Hospice care	No charge
Chiropractic and Acupuncture Coverage (through ASH Plans)	You Pay

Up to a combined total of 30 Chiropractic and Acupuncture visits per year \$10 copay per visit

Kaiser Permanente contracts with American Specialty Health Plans (ASH) to provide chiropractic and acupuncture care. Members must receive all their benefits from ASH Plans participating providers. ASH Plans contracts with Participating Providers and other licensed providers to provide covered Chiropractic Services (including laboratory tests, X-rays, and chiropractic appliances). ASH Plans contracts with Participating Providers to provide acupuncture care (including adjunctive therapies, such as acupressure, moxibustion, or breathing techniques, when provided during the same course of treatment and in conjunction with acupuncture). You must receive covered Services from a Participating Provider or another licensed provider with which ASH contracts, except for Emergency Chiropractic Services, Emergency Acupuncture Services, Urgent Chiropractic Services, and Urgent Acupuncture Services, and Services that are not available from Participating Providers or other licensed providers with which ASH contracts to provide covered Services that are authorized in advance by ASH Plans.

The list of Participating Providers is available on the ASH Plans website at **www.ashlink.com/ash/kp** or from the ASH Plans Customer Service Department at **1-800-678-9133**. The list of Participating Providers is subject to change at any time without notice.

This is a summary of the most frequently asked-about benefits. This chart does not explain benefits, Cost Share, out-of-pocket maximums, exclusions, or limitations, nor does it list all benefits and Cost Share amounts. For a complete explanation, please refer to the *EOC*. Please note that we provide all benefits required by law (for example, diabetes testing supplies).